

Slips, Trips and Falls

Course length: 20 mins*

Course Code: 103082BT012

This course is designed to raise awareness of the causes of slips, trips and falls in the workplace.

Benefits for the Learner

Slips and trips are often seen as a bit of a joke – and often, the only thing that is hurt is our pride! But during a normal working day, one person falls and seriously injures themselves in a British workplace every three minutes.

This course will help you to keep yourself and your colleagues safe at work by reducing the risk of slips, trips and falls. From increasing your awareness of everyday hazards – trailing cables, spillages on the floor, blocked access routes, unsuitable footwear – to a checklist of simple steps you can take to reduce risks, it encourages you to take a pro-active approach to ensuring your own safety.

Benefits for the Business

Slips, trips and falls are the single most common cause of injury at work – and cost British employers over £300 million per year in lost production and other costs.

Effective solutions are often cheap and simple to implement. By improving your health and safety practice and making your employees more aware of hazards, this course will enable you to reduce the risk of workplace injury.

What You Get From This Course

Having completed this course, you will be able to:

- Describe how to prevent slips, trips and falls in the workplace
- Be more aware of everyday hazards
- Understand the importance of good housekeeping
- Adopt a more responsible approach to ensuring your own safety

How Long Does the Course Take?

You can work through this course at your own pace. It should take you around 20 minutes to complete.

*Courses are accessible for six months from the date of purchase.